BE READY

JURISDICTION LOGO

EMERGENCY SUPPLY KITS

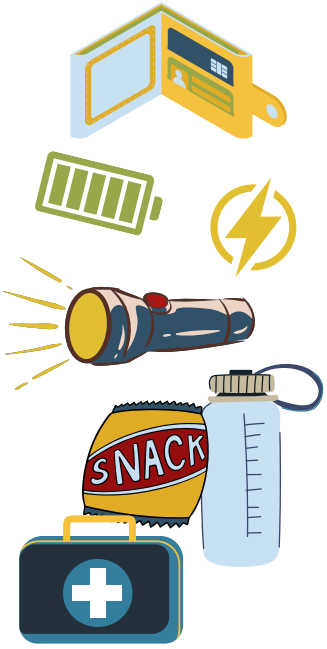
You may already have most of what you'll need in an emergency. Gather key items in one place to be better prepared. Use any lists in this packet to prepare for you and your loved ones.

PREPARE A GO BAG

Your Go Bag holds the things you'll need if you must leave your home quickly. Pack a bag for every member of your family, including pets, and keep them somewhere easy to access. Use this checklist as you pack.

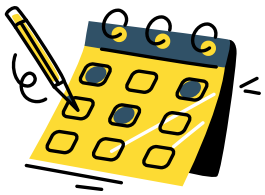
Essentials

- [ ] Sturdy shoes
- [ ] Comfortable clothes
- [ ] Cash (in small bills)
- [ ] Credit card
- [ ] Cell phone charger
- [ ] Flashlight
- [ ] Extra batteries
- [ ] Water bottle
- [ ] Favorite snacks
- [ ] Local maps
- [ ] First aid kit
- [ ] Medications and medical supplies*
- [ ] Copies of important documents*
- [ ] _____
- [ ] _____
- [ ] _____



Personal Items

- [ ] Photos of family and pets
- [ ] Comfort items or activities (book, notebook, coloring book, playing cards)
- [ ] Sleeping bag or warm blanket
- [ ] Toiletries*
- [ ] _____
- [ ] _____



Date to Refresh Go Bag

Set a reminder to refresh your Go Bag once a year.

Insert QR Code

**See full list in packet*

BE READY

JURISDICTION LOGO

PREPARE A STAY KIT

Your Stay Kit or Box contains items to help your household be safe and comfortable to stay in your home after a disaster. Use this list as you prepare.

- [ ] Water (One gallon per day per person and pet for drinking and sanitation)
- [ ] Nonperishable food
- [ ] Manual can opener
- [ ] Favorite snacks
- [ ] First aid kit
- [ ] Whistle
- [ ] Flashlight
- [ ] Battery operated radio
- [ ] Extra batteries
- [ ] Phone charging bank
- [ ] Medications and medical supplies*
- [ ] Moist towelettes
- [ ] Garbage bags
- [ ] Disposable cups, plates, utensils, towels
- [ ] Fire extinguisher
- [ ] Wrench or pliers (to turn off utilities)
- [ ] _____
- [ ] _____
- [ ] _____

See full list in packet

- [ ] Cash (in small bills)
- [ ] Activities (Board games, notebook, coloring book, playing cards)
- [ ] Sleeping bag or warm blanket
- [ ] Toiletries*
- [ ] Hand sanitizer

BE READY

JURISDICTION LOGO

IMPORTANT DOCUMENTS

Having emergency documents copied and stored securely online or in multiple locations can offer peace of mind and help simplify the process to recovery. This list provides suggestions, but you do not need to have every item to feel prepared. Keep important documents in a waterproof, portable container.

Identification and Personal Records

- [ ] Driver's License or state ID
- [ ] Passport(s)
- [ ] Social Security cards
- [ ] Birth Certificates
- [ ] Marriage Certificate / Divorce Decree
- [ ] Adoption Papers, Custody Agreements, other family legal documents
- [ ] Military ID / discharge papers

Insurance Information

- [ ] Homeowners/renters insurance policy
- [ ] Hazard insurance policies (earthquake, flood, wildfire)
- [ ] Auto insurance policy
- [ ] Health, life, disability, or long-term care insurance policies
- [ ] Purchase receipts for major items (appliances, electronics, jewelry, etc.)

Legal & Preparedness Documents

- [ ] Wills, trusts, or estate planning documents
- [ ] Conservatorship & power of attorney papers (financial and medical)
- [ ] Emergency plan for family (meeting places, contacts)
- [ ] Proof of ownership documents; Take photos and videos of your home

Medical & Health Records

- [ ] Health Insurance cards
- [ ] Immunization records
- [ ] Copies of prescriptions (medication, eyeglasses, medical devices)
- [ ] List of doctor and emergency contact information

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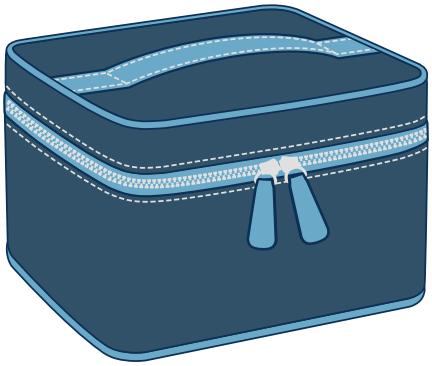
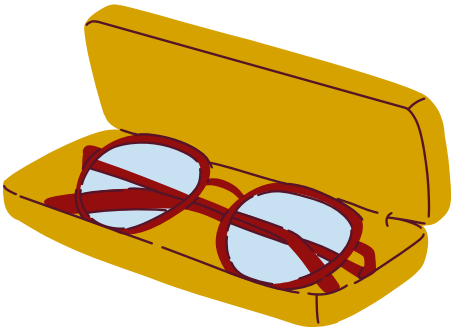
JURISDICTION LOGO

TOILETRIES

- [ ] Travel size shampoo/conditioner
- [ ] Soap
- [ ] Deodorant
- [ ] Tissues
- [ ] Toothbrush and toothpaste
- [ ] Comb or brush
- [ ] Facewash
- [ ] Moisturizer
- [ ] Moist towelettes
- [ ] Toilet paper
- [ ] Hand sanitizer
- [ ] Menstrual supplies and personal hygiene items
- [ ] Extra eyeglasses and case
- [ ] Extra contact lenses
- [ ] Contact solution
- [ ] Sunscreen
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____





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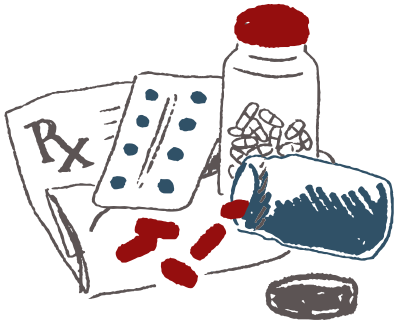
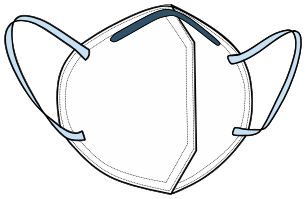
JURISDICTION LOGO

MEDICAL SUPPLIES

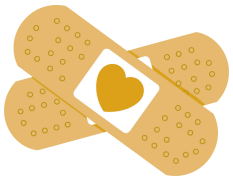
Medical Equipment and Supplies



- [ ] Back-up power banks and chargers
- [ ] Hearing aid
- [ ] Inhaler
- [ ] Supplies for bladder or bowel control (pads, diapers, wipes, disposable bags, rash powder)
- [ ] Manual mobility device (scooter, walker, cane)
- [ ] Small cooler and instant ice packs (for medicine that must stay cold)



- [ ] _____
- [ ] _____
- [ ] _____



Assistive Devices

- [ ] Adaptive utensils
- [ ] Bendable straws
- [ ] Manual food chopper

- [ ] _____
- [ ] _____

Communication Devices and Tools

- [ ] Informational and communication cards

- [ ] _____

Sensory Tools

- [ ] Fidget toys
- [ ] Noise cancelling headphones
- [ ] Earplugs

- [ ] _____

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JURISDICTION LOGO

MEDICATION TRACKER

List all medications, dosage, and frequency. Add important notes as needed.

Medication	Dosage	Frequency	Doctor's Name	Notes

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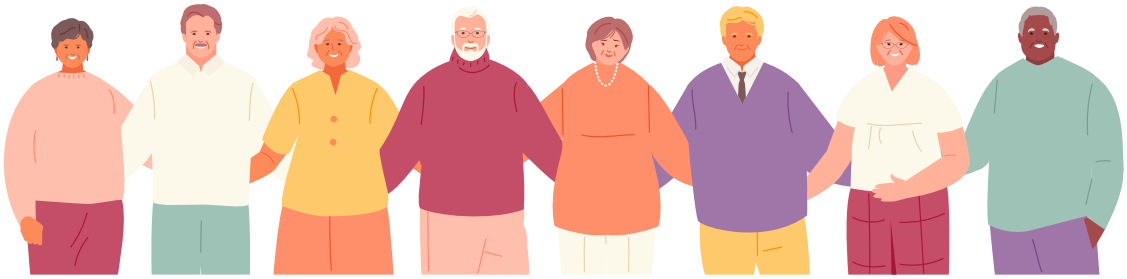
OLDER ADULTS

JURISDICTION LOGO

Important Supplies

- [ ] Medical equipment
- [ ] Incontinence supplies (pads, diapers, wipes, disposable bags, rash powder)
- [ ] Medications
- [ ] Small cooler and instant ice packs (for medicine that must stay cold)
- [ ] Mobility devices (electronic and non-electronic)
- [ ] Back-up power banks and chargers (mobility devices, hearing aid batteries)
- [ ] Dentures and solution
- [ ] Extra eyeglasses and case; magnifying glass
- [ ] Catheters and tubing
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____



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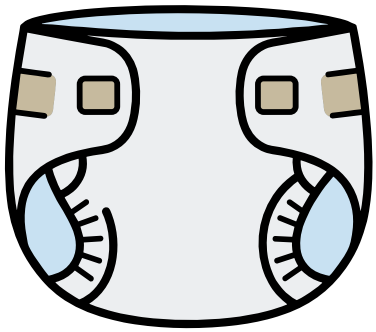
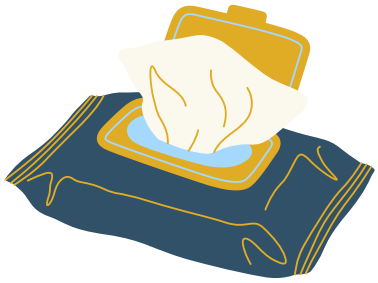
JURISDICTION LOGO

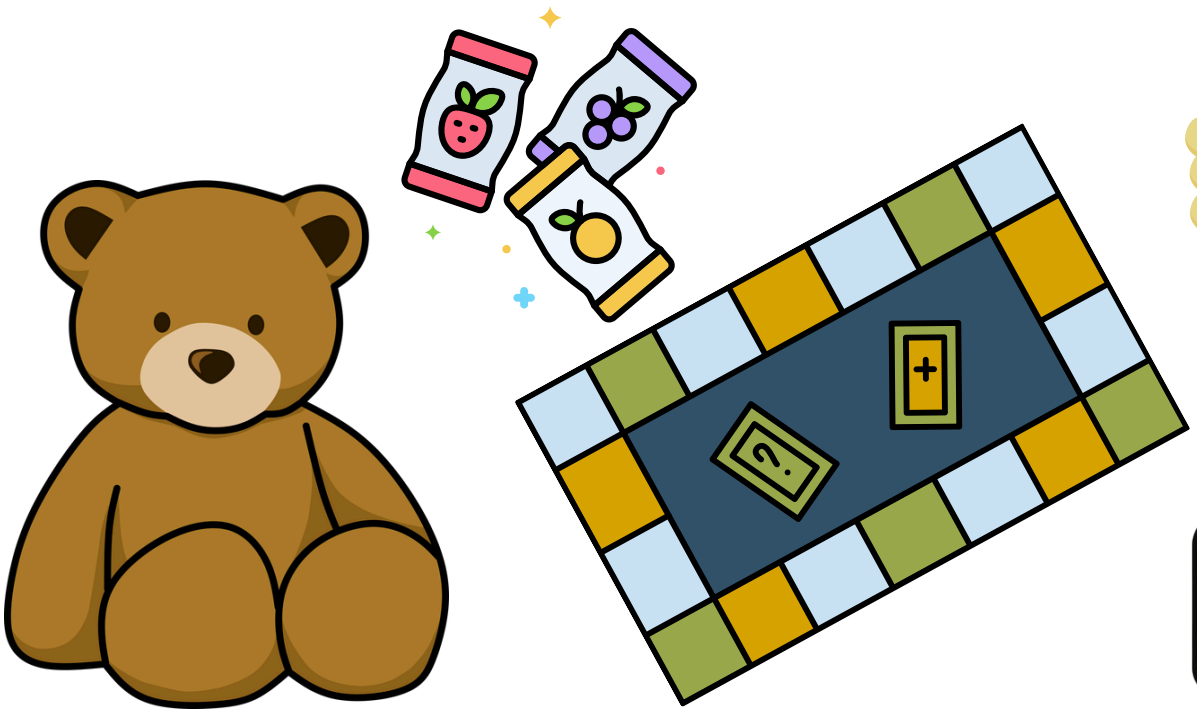
CHILDREN AND INFANTS

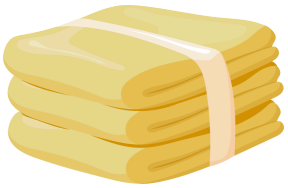
Important Items

- [ ] Familiar toys, stuffed animal, games and comfort items
- [ ] Canned milk/formula, or any relevant food supplies
- [ ] Lightweight, nutrient-dense snacks (child-safe packaging)
- [ ] Adaptive utensils, bendable straws, manual food chopper
- [ ] Extra clothes and bibs
- [ ] ID card and parent contact information
- [ ] Pads, diapers, wipes, disposal bags, rash powder
- [ ] Recent photographs of the family (one copy for everyone)
- [ ] Children's medicine and prescriptions
- [ ] Baby soap, washcloths, toothbrush, toothpaste
- [ ] Disinfecting handwipes
- [ ] _____
- [ ] _____
- [ ] _____









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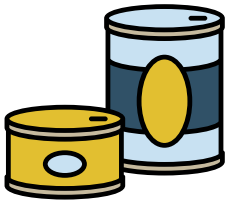
PETS/SERVICE ANIMALS

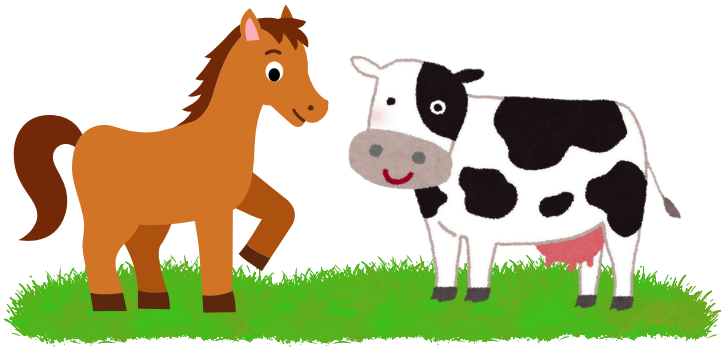


BE PREPARED FOR 3 TO 7 DAYS

- [ ] Water
- [ ] Pet food
- [ ] Collapsible food bowl
- [ ] Extra leash/harness and ID tags
- [ ] Papers (ownership, microchip information, vaccine records)
- [ ] Small pet blanket or comfort item
- [ ] Any pet medications
- [ ] Cleaning supplies
- [ ] Toys
- [ ] Pet carrier
- [ ] Sanitation needs (including pet litter and litter box as appropriate)

LARGE ANIMALS

Create an emergency plan for your large animals and livestock, whether they can evacuate with you or how to help protect them if you need to leave during emergencies.

- [ ] Animal feed and water
- [ ] Halter or lead rope
- [ ] Supplements and medications
- [ ] Cleaning supplies
- [ ] Papers (veterinary records, microchip information, proof of ownership)
- [ ] Prepare animal transportation options
- [ ] Animal bedding
- [ ] Animal comfort supplies
- [ ] Animal first aid kit
- [ ] Animal sanitation needs
- [ ] Lantern

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
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